

Edible Landscaping

Gardening for the 21st century

By

Michael Cowan

Of

Edibella Organic Landscapes Inc.

See

www.edibella.com

Michael Cowan is Certified by





Why Edible Landscaping?

- Lets consider a few facts:
- Less than 10% of the food consumed on Vancouver Island was grown here.
- Fruits and vegetables that we purchase at the grocery store have travelled an average of 1600 km, to get to your mouth.
- That equals a lot of energy consumption in the form of burning fossil fuels.
- This contributes considerably to global climate change, and air pollution.



Why Edible Landscaping?

- Urban or suburban sprawl has moved into agricultural land where the best soils are.
- Studies have proven that the less time between harvesting and eating considerably increases the nutritional value.
- Many of the tastiest varieties don't travel well and are then completely ignored by major food suppliers.

WEALTHY - Minnesota, 1893. Medium, pale yellow, almost completely covered with bright red flush & stripes. Soft, coarse-textured, juicy & sweet with faint vinous flavour. Flesh sometimes tinged pink under skin. Excellent juice apple. Also good for dessert & cooking. Mid. Sept. to Dec. Small tree. Crops well. Day 14,



VAN DER POOL RED - Medium, small, red. Very firm, tasty dessert. Pick Oct. Still juicy in April. Fairly small tree.



Pears

VERMONT BEAUTY AKA FORELLE, 'TROUT PEAR'.

A handsome American variety introduced in the 1900's.

Characterised by having a yellow and carmine skin colour.

Flesh is creamy-white, firm, medium texture, moderately juicy, melting, sprightly and good. Fruit size is small to medium.

Blossoms early to mid-season

Tree is hardy, upright, vigorous, not precocious bearing.



Why Edible Landscaping?

- So as you can see, growing food in our backyards is really a win/win situation for us, and the earth. With modern agribusiness charging full steam ahead with GMO's and factory farms, it is time we reformed our thinking of urban landscapes, and do something to create a positive change on the piece of land that we do have control over.









Where?

- In our back and front yards, on our roofs, balconies, windowsills, decks, porches, in containers or in the soil, these all make perfectly fine places to grow our favourite fruits, vegetables and flowers.